

## **PROJECT INFORMATION**

# **THE MANOR YOUTH PROJECT**

### **(A BRIEF OVERVIEW)**

**The concept:** The Manor is a targeted youth group for young people making the transition between primary and secondary education. Targeting 11–14 year-olds, the project delivers holiday programmes aimed at building resilience and confidence in young people. The project develops fun and engaging activities whilst also delivering workshops aimed at building citizenship, independence, and diverse young leaders in Newham.

**The structure:** Core sessions are delivered 2-3 days per week from 10am–6pm during each school holiday. Sessions are supervised by playworkers and volunteers who ensured the programme is appropriately supported. Staff were tasked with organising sessions while involving participants in planning and aspects of delivery.

**The ownership:** The young people have a direct input in creating the rules and parameters required to ensure the smooth running of the project, they are creators not just consumers of the project and in this way they build ownership of the project.

**The activities:** The programme incorporates a combination of developmental workshops, volunteer tasks, self-led activities, and off-site trips. This project is user led with participants being expected to take part, not only in planning sessions, but also in fundraising for the project, volunteering with local groups and acting as ambassadors for the programme.

Examples of developmental workshops and activities include completing:

- a First Aid course
- a London Transport landmark treasure hunt
- an online safety training session
- a series of money management sessions
- (a number) of volunteering hours
- (a number) of fundraising activities
- CSE training
- self-defence training
- a youth steering workshop