Our Vision

We want to see more children, young people and families in Newham and east London leading happy healthy lives, realising their potential and unlocking their ambition.

Using a community focused approach, we foster opportunity, community and inspiration to children, families and young people in Newham and east London.

Purpose

Children & Youth **Mental Health** Community **Families Development Empowerment** & Wellbeing Early intervention and Strengthening grass-A range of fun, enriching, holistic activities to children, young prevention programmes that roots community people and their families promotes psychological wellorganisations being for adults Our Offer Provide meaningful Support for those at key Bespoke support to people in opportunities for young transitional points moments of need people Holistic and therapeutic Grant making to Youth led group projects Wraparound care for programs, events and grassroots community children and programmes workshops organisations Our Community Coaching Supporting families with Skills development and Consultancy to grassroots **Activities** food insecurity training for young people organisations Volunteering Bespoke support for Peer support programmes people discharged from for young people mental health services Increased social mobility for Stronger Voluntary and Reduced financial burden for young people from Enhancing lifelong resilience Community Frontline Sector and psychological well-being families with children disadvantaged low socio-(VCFS) organisations Our economic backgrounds **Impact** An increased sense of Raised aspirations and Increased individual and Stronger community trust and community resilience community connection and increased access to engagement meaningful opportunities social cohesion and well-being



- Inclusive and accessible
- built on trust
- Supporting people who live in poverty and experience isolation or exclusion
- Creating relationships
 Addressing racial injustice and inequality through all of our work
- Partnering with other organisations to create seamless pathways of support

